



Erasmus+ KA1 - Youth Exchange

“TO LIVE FOR NOT TO LEAVE”

06th October 2017 (arrival) - 14th October 2017 (departure)

Reggio Calabria, Italy



DESCRIPTION

The roots of this project started to grow in the south Italy context, in the Region of **Calabria**, and expanded to Eastern Europe and Balkan areas, involving peripheral contexts from **Bulgaria**, **Croatia**, **Romania** and **Slovakia**.

The area that will host the Youth Exchange is characterized by important economic and social obstacles: according with the recent Eurostat ranking, Calabria is placed in the last rates for youth unemployment, that reach 59,7% of young people 15-24 aged.

This situation is particularly heavy to face in peripheral territories and rural areas, where institutional and economic underdevelopment push young people to leave their places of origin, causing a social and demographic hemorrhage and crushing the peripheral and rural economies, including the lost of traditions and cultures connected with them.

Despite of this phenomenon, the crisis obliges young people to re-invent new forms to face those challenges producing innovative ideas for re-generating and re-vitalising peripheral and rural villages implementing etno-village solutions.

GENERAL OBJECTIVES:

- improving the level of key competences and skills of young people, with a special focus on the ones coming from disadvantaged rural areas;
- Promoting a more effective and democratic participation of youngsters, particularly those who are coming from rural areas, through intercultural dialogue in order to increase social cohesion and solidarity;
- fostering the respect for nature and environment by creative actions of social and environmental requalification/regeneration in abandoned areas.

SPECIFIC OBJECTIVES:

- to contribute to the (re)animation of the youth participation, through initiatives of young active citizens, from rural context;
- to take advantages out of the contact with nature and local territory, in a perspective of ecological, social and sustainable development and wellbeing;
- to promote the exchange of practices among young participants in rural areas, characterized by virtuous experiences of social and productive recovery, protecting cultural heritages of the almost abandoned territories;
- promote mobility and youth participation of young people from rural areas, in Erasmus+ framework, boosting them to take into consideration the idea of developing future projects.

EXPECTED RESULTS

The project **"To live for not to leave"** aims to develop/enhance in the participants a social conscience, foster the integration and cooperation among the cultures of the young European citizens involved and promote the capacity to engage in volunteering activities in the field of youth, rural development, active European citizenship and democracy.

Participants will increase their ability to participate in awareness-raising activities to safeguard **legality** and the recovery of **abandoned areas** by cooperating with people from different socio-cultural and territorial background. They will learn to recognize cultural and territorial **diversity** as a resource for both their individual growth and the community once, with a view on achieving a common goal for all the citizens. Finally, they will acquire **knowledge** about how to exploit the resources of their territory, respecting the legality, and what kind of actions can be taken to achieve this goal. The planned activities are designed to provide participants with new skills and knowledge through the use of **non-formal education** methods.

At the end of the exchange, the baggage of each one will contain new and improved skills, knowledge, attitudes, such as:

- the passion for the re-discovery of the beauty of abandoned places and for the search for their potential;
- the ability to think and carry out actions that can re-vitalize areas with an important value at socio / cultural level;

- the attitude of behave within the legality, respecting the values and transmitting them to others;
- the ability to engage with other young people in active citizenship actions;
- the key competences of lifelong learning, in particular communication in foreign languages, social and civic competence, awareness and cultural expression.

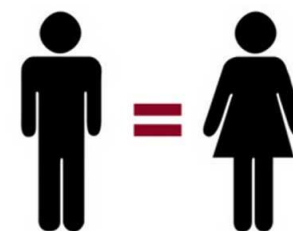
Each participant will receive the **YOUTHPASS**, the European certificate containing the achievement connected with the 8 key competencies.

PARTICIPANTS PROFILE

This project will involve **25** participants from **5** different countries: **Italy, Romania, Bulgaria, Croatia, Slovakia**.

Each Partner will select a group of **5** participants, **4 + 1** group leader, according with this profile:

- 4 participants **18 - 25** aged, preferably **2 females and 2 males** (for gender balance requirements), from peripheral/rural areas at risk of depopulation; priority should be given to participants with economical and geographical disadvantage;
- 1 group leader, no age limits, expert (or with very good understanding) about **peripheral/rural development** and abale to coordinate the group; we recommend to select a group leader with a proper level of english, to assure a comfortable implementation of his/her role.



Each Partner has to provide also substitutes to be included in a waiting list for any possible cancelation.

PREPARATION

The project, based on non-formal education methodology, will include a preliminary part before the Youth Exchange, during which the partner organizations will manage and coordinate the preparation of the participants, as well as the general logistics.

We are encouraging our partner organizations to have very clear understanding of the needs and interests of their young people before the youth exchange. We believe that young people have to take an active role and share responsibilities for any practical preparation needed, such as travelling arrangements etc. We recommend that partner organizations would have at least 4 meetings in their national groups to work on following points:

- Needs analyzes of their group;

- Getting to know each other and group building activities in the national youth groups;
- Young people planning their travelling to and back from the exchange;
- Young people working on the presentation for **inter-cultural night**;
- Research of information and creative presentation of **“My isolated/abandoned village/neighborhood”** (underline the activities realized for the dinamization af the area, if existing, in particular by youth);
- Group leaders setting boundaries and discussing safety issues, such as safe sex and no drug/alcohol policies during the Exchange.

After the youth Exchange we expect an improved awareness of youngsters about the potential of abandoned areas, an interchange of best practices based on successful projects related with the project issues and, finally, the creation of a network specialized in revitalising disadvantaged areas at risk of depopulation .

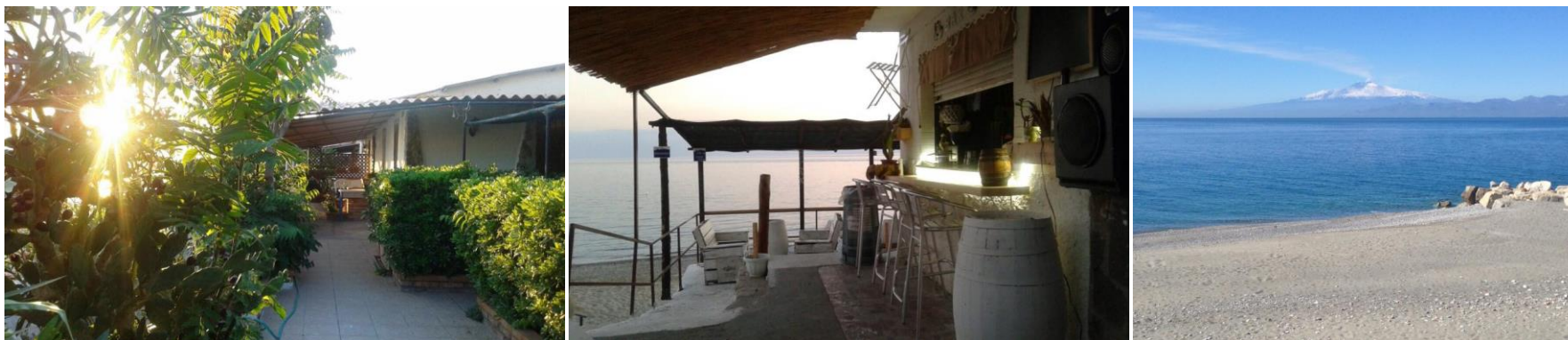
VENUE , ACCOMODATION & FOOD

The Erasmus+ Programme cover fully food and accomodation for all the participants.

The Youth Exchange will take place in the south area of **Reggio Calabria**, the southern province of Calabria Region, in south Italy. The nearest airports are "Tito Minniti" in Reggio Calabria (around 20 Km from the venue) and "Sant'Eufemia" in Lamezia Terme (about 140 Km from the venue), but we also recommend to take into account to fly to Rome and take a train to Reggio Calabria Centrale. We will provide additional information about how to reach the venue from the Airport/train station later on when we will have the travel ditails with the arrival/diparture time of the participants. We will arrange a pik-up service if needed.

The venue of the project will be **"La Casa di Nonno Ciccillo"**, Via Nazionale, 775, 89134 Bocale II, Reggio Calabria RC, a nice resort near to te beach and with a view on Sicily and Etna volcan. The access to the beach out of the project activities is free. Participants will be accomodated in mini-apartments with 2/3 double rooms, with indipendent toilets. We intend to accommodate all participants and group leaders from different countries in same sex rooms (female with female and male with male). If there are any reasons why this may not be suitable for participants or group leaders, please send us an e-mail in advance.





Food will be prepared by the restaurant of the resort, [Calypso Relax](#), according to the diet requirements as indicated in the participants application form (3 main meals per day + 2 coffee breaks).



A little bar is available in the resort and in the village you can find another bar, a small shop, a greengrocery, a pharmacy.

Other places as pizzerias, pubs, pastry and ice-cream shops are located in the near towns (2 – 3 kilometers) and in the City of Reggio Calabria (10 kilometers) we can find a variety of places for the freetime. You will receive a timetable of the urban public transportation when arrived at the venue.

Part of the activities of the youth Exchange will be realized in [Pentedattilo](#), a rural village at risk of depopulation that was re-vitalized through artesanal laboratories, and in the area of Villa Placanica, in properties confiscated from Ndrangheta (mafia). If the weather will permit it, we will also realize activities in [Roghudi](#), another abandoned village in Grecanic area of Calabria.



PENTEDATTILO

ROGHUDI

TRAVEL AND REMBURSMENT

Participants will arrange their own travels from home to the venue and back and they will claim the reimbursement of the travel costs (flights, trains, other means of transport), compensated up to 100% based on the distance from your location of residence to the location of the project. These distances were calculated using the distance calculator supported by the European Commission.

BULGARIA: 170,00 euros

CROATIA: 170,00 euros

ROMANIA: 170,00 euros

SLOVAKIA: 170,00 euros

ITALY: not provided

During the youth exchanges participants will receive the [travel reimbursement form](#), to be filled and submitted to APICE with all the tickets (including the booking confirmation with the route and the paid price visible) attached, we will check them and provide the reimbursement payment by bank tranfer within by 1 month after the end of the Youth Exchange.

[Only public transportation](#) can be reimbursed: if you take a **TAXI** please note that we won't be able to reimburse it.

PLEASE MAKE SURE TO KEEP ALL THE TRAVEL TICKETS SO WE CAN REIMBURSE IT!

ADDITIONAL INFORMATION

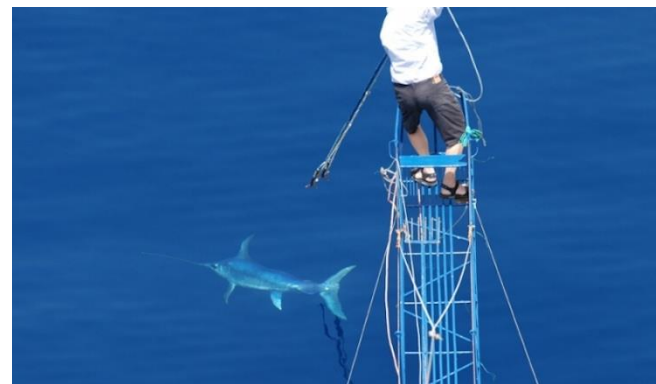
What to bring/ check list:

- The temperatures in south Italy could be very hot even if we are in October: please check it before coming and bring your swimming suit and solar protection, in case the weather allow us to go to the beach!
- Bring some cash for your personal use: don't forget that we are staying in the village so cards may not be accepted (ATM is available out of the post office of the village). However, you will get breakfast, lunch and dinner + 2 coffee breaks per day so you may not need any money at all!
- European Health Insurance Card;
- Passport or National ID card;
- All travel tickets and invoices;
- Your bank account details for the reimbursment procedures;
- Some food/drinks, music, or other specialities from your country for the intercultural night;
- Toiletries that you need for shower (shampoo, soap, toothpaste...)
- Motivation and positive attitude!

And some characteristic elements about culture, traditions and specialties of Calabria culture:



LIRA – musical instruments



SWORDFISH HUNT – traditional technique



TARANTELLA – traditional dance



CHITARRA BATTENTE – musical instrument



BRONZI DI RIACE – Greek bronze statues



BERGAMOTTO – “The Prince of Citrics”

If you have any questions please e-mail us to apice.erasmus@gmail.com or give us a quick call on: +39 3488144045 (**ALESSANDRA**)

We are so looking forward to see you in Reggio Calabria!

APICE team and the Italian young people!