

“Theatre as a Tool for Youth”



An Erasmus+ Training Course

10th – 18th December 2016

Napoli, Italy

Dear Friends,

we are glad to invite You to our intercultural training course

“Theatre as a tool for Youth”

organised by Cooperativa Sociale Immaginaria,

co-financed by the ERASMUS+ Programme.

We invite you to live this **creative adventure** with us!

The 9 days program (travel included) will take place in Napoli,
a vibrant city in the South of Italy.

In this letter You will find all you need to know about its goals,
programme and information about the practical arrangements.

We will gladly answer all your questions!

Looking forward to meeting You in Italy!

About this training course...

"Theatre as a tool for Youth" expresses the main belief of the organizations gathered in this partnership: we achieve better results with youth when delivering artistic activities and workshops based on theatre and performing arts .

Hence this "T.F.T.", a Training For Trainers using Art as an empowering Tool whose main themes are:

- 1) "Creativity & Culture", which identify the elements we will stimulate all the time in an intercultural context to produce a social impact.
- 2) "New innovative curricula, educational methods & development of training courses" as we believe that new structured and spontaneous theatrical and artistic activities are possible and necessary for modern growth and solution-finding attitude.

Our objectives are:

- 1) improve our educational and artistic competences;
- 2) spread (through Art) positive values such as well-being, inclusion and progress;
- 3) use theatre & performing arts as non-formal education tools;
- 4) facilitate the creation, implementation and evaluation of theatre youth workshops;
- 5) multiply similar training projects and youth exchanges in the follow-up phase;
- 6) improve the visibility and dissemination of Erasmus+ projects and their results;
- 7) inform the participants about further opportunities in Europe.



Who can participate

The project "Theatre as a tool for Youth" is a training for trainers for 24 people, aged up to 30, representing the 8 partner organizations from the 8 Programme Countries of Croatia, Greece, Italy, Lithuania, Poland, Portugal, Romania & Slovakia. Candidates may be people who wish to become or consolidate themselves as trainers using theatre & performing arts as polyhedric tools to empower young people. They may be:

- 1) theatre trainers, artists and creative youth leaders who have participated in previous local and international projects within the Erasmus+ Programme and who are willing to transfer the results of this training course at their local level into their organizations to improve themselves as local trainers according to the principles and values of the Erasmus+ Programme;
- 2) theatre trainers, artists and creative youth leaders who have participated in previous local and international projects within the Erasmus+ Programme and who are willing to take their first steps as international trainers, ready to be in charge of parts or entire programmes according to the principles and values of the Erasmus+ Programme;
- 3) theatre trainers, artists and creative youth leaders who have already some experience as international trainers within the Erasmus+ Programme but feel that they need to participate in this specific training course to acquire further tools and competences to consolidate their experience and role as local and international trainers according to the principles and values of the Erasmus+ Programme.

Partner organizations and their contacts

Country:	Partner:	How many:	E-mail address:
Croatia	Association for Information & Education Mladiinfo Croatia	3	croatia@mladiinfo.eu
Greece	Youth Horizons	3	korhelen2@gmail.com
Italy	Cooperativa Sociale Immaginaria	3	silvmari@libero.it
Lithuania	Viesoji Istaiga Reventus	3	jonas@reventus.lt
Poland	Youth Support Centre	3	faferekamila@gmail.com
Portugal	Grupo de Jovens Novo Mundo	3	gj.novomundo@gmail.com
Romania	Asociatia Education Studio	3	stefan.dragomir90@gmail.com
Slovakia	STEP – Society for Territorial Progress	3	info@societystep.eu

When

Dates of the training course: 10th – 18th December 2016.

Arrival by	16.00	10/12/2016
The program starts at	09:30	11/12/2016
The program finishes at	18.30	17/12/2016
Departure by	11.00	18/12/2016

We expect you to participate in the whole program in order to benefit from the Erasmus+ Programme financial contribution.



Where

The project will take place in the city of Naples, in the South of Italy.
The accommodation is the youth hostel “La Controra”

<https://www.facebook.com/LaControraHostels/?fref=ts>



The training venues are the premises of the “Filangieri Institute”

<http://www.exasilofilangieri.it/>



The aim of ***“Theatre as a tool for Youth”*** is to bring the group into the life of the community: the accommodation and the training premises are in the city centre of Naples, so it will be very easy to be with the local community and work with them.

How to get there

First of all, please buy your ticket ONLY AFTER you receive the confirmation from us!
Then, we strongly advise you to land in Napoli in the morning or early afternoon.

From the Airport in Napoli to the hosting accommodation “La Controra”

You may take the bus (ALIBUS) to the metro&train station “Napoli Centrale-Garibaldi” (about 20 minutes), there you can find the Metro to “Salvator Rosa” (about 15 minutes). Finally walk down for about 3 minutes.

http://www.anm.it/index.php?option=com_content&task=view&id=71&Itemid=98
<https://www.google.it/maps/place/La+Controra+Hostel+Naples/@40.8522241,14.2380272,16z/data=!4m5!3m4!1s0x0:0x886f453f422d90ac!8m2!3d40.8522079!4d14.2402803>

Let us know what time you will arrive in Napoli and we will send our staff members to meet you in the airport and support you in reaching the hosting accommodation.

Contact numbers to call on arrival:

Gianluca Iacuvella 0039 340 7821363

Giampaolo Vicerè: 0039 338 7867309

Antonio Chiaese: 0039 324 8839534

Please feel free to ask us if you need advice about any travel arrangements ☺

The financial conditions

Subsistence & theatre training costs are fully covered and free for all the participants. Then, according to the Erasmus+ guidelines, we will reimburse up to 275 €/person to the participants travelling from abroad (only Portugal is entitled up to 360 €/person). As for insurances, the European medical insurance card is valid also in Italy and all participants coming from EU country must bring it with them.



Here is a sample of an Italian medical insurance card.

Very important: According to the Erasmus+ guide-lines, if you cannot provide your original tickets & invoices clearly stating the costs & the travel company together with your boarding passes with your name & all the trip details we will not be able to reimburse you. This will be done after the training course upon receipt of all the above.

What to bring (essential)

- Passport or other official identification
- Tickets, invoices, boarding passes & insurance
- Clothes for living & training (washing facilities not available on-site)
- Towel
- Medicine, if you take any
- Something typical for your national evening (food, drinks, instruments, etc.)
- Your own Artistic Experience, Inspiration & Motivation
- Smiles, willingness and good mood ☺!



We are looking forward to meeting You in Italy!

See you soon,

the Team of Cooperativa Sociale Immaginaria ☺

	SATURDAY 10 DECEMBER	SUNDAY 11 DECEMBER	MONDAY 12 DECEMBER
08:00-09:00		Breakfast at the Hosting Place	Breakfast at the Hosting Place
09:00-09:30		Walk to Training Centre	Walk to Training Centre
TRAINING		Visit of the Training Centre	Theatre Empathy Workshop
TIME		Expectations and Clarification	Coaching Workshop
12:30-13:00		Walk to Canteen & Free Time	Walk to Canteen & Free Time
13:00-15:00		Lunch & Free Time	Lunch & Free Time
TRAINING		Team Building Theatre	Issues on Stage
TIME		Trust and Goals	Lateral Thinking Workshops
18:00-19:00		Walk to Canteen & Free Time	Walk to Canteen & Free Time
19:00-21:00	Dinner & Free Time	Dinner & Free Time	Dinner & Free Time
PAX	Welcome & Opening	Italian & Greek Night	Croatian & Slovak Night
TIME	Presentation of the Project	Through Music, Dance & Games	Through Music, Dance & Games
	TUESDAY 13 DECEMBER	WEDNESDAY 14 DECEMBER	THURSDAY 15 DECEMBER
08:00-09:00	Breakfast at the Hosting Place	Breakfast at the Hosting Place	Breakfast at the Hosting Place
09:00-09:30	Walk to Training Centre	Walk to Training Centre	Walk to Training Centre
TRAINING	Creativity Minimalistic Theatre	Social educator & Dynamics	Introduction to Public Event
TIME	Pax recreational good practises	Crisis and Conflict Management	Brainstorming & Planning
12:30-13:00	Walk to Canteen & Free Time	Walk to Canteen & Free Time	Walk to Canteen & Free Time
13:00-15:00	Lunch & Free Time	Lunch & Free Time	Lunch & Free Time
TRAINING	Pax self-expression good practises	Techniques of 3D Communication	Workshop Re-hearsal
TIME	Art therapy workshop	Play-back Theatre	Performance Re-hearsal
18:00-19:00	Walk to Canteen & Free Time	Walk to Canteen & Free Time	Walk to Canteen & Free Time
19:00-21:00	Dinner & Free Time	Dinner & Free Time	Dinner & Free Time
PAX	Free Night or	Polish & Lithuanian Night	Romanian & Portuguese Night
TIME	Visit Naples by Night	Through Music, Dance & Games	Through Music, Dance & Games
	FRIDAY 16 DECEMBER	SATURDAY 17 DECEMBER	SUNDAY 18 DECEMBER
08:00-09:00	Breakfast at the Hosting Place	Breakfast at the Hosting Place	Breakfast at the Hosting Place
09:00-09:30	Walk to Training Centre	Walk to Training Centre	Greetings & Departures
TRAINING	Public Event "Youth of Naples"	Erasmus+ Living Library	
TIME	Sharing Session on Social Theatre	Reproduction & Multiplication	
12:30-13:00	Walk to Canteen & Free Time	Walk to Canteen & Free Time	
13:00-15:00	Lunch & Free Time	Lunch & Free Time	
TRAINING	Theatre Digital Workshop	Coaching & Question Time	
TIME	Visibility & Dissemination	Final Evaluation	
18:00-19:00	Walk to Canteen & Free Time	Walk to Canteen & Free Time	
19:00-21:00	Dinner & Free Time	Dinner & Free Time	
PAX	Free Night or	Acknowledgements & Ceremony	
TIME	Visit Naples by Night	Farewell Party	

Learning to play, playing to learn: the experiential methodology

Learning by experience, personalised training and theatre techniques are working methods which all have one thing in common for us: playing. Playing allows us to access a state of freedom, creativity and exploration that is associated with the natural learning of childhood. Role-plays, structured experiments, simulation, and theatre are examples of games with experiential learning opportunities. Games can create a play frame, which makes the act of learning a dynamic and enjoyable process, which recalls the carefree playing time of childhood. Experiential activities can transform learning into adventure. Learning in this way is an emotional, physical as well as a cognitive experience. Movement and feelings stimulate the learning process. Playing involves both mind and body and can provoke an emotional response during the exercises. The exercises are designed to use social skills and make clear / illustrate concepts and theories. Almost any topic can be explored through games. Learning processes that involve the development of skills and behavioural change, such as group dynamics, communication, leadership, problem solving, teamwork, coaching, co-operation and decision-making are very suitable for gaming. Gaming is a working method which might create a paradoxical situation in which participants or a group might lose themselves. The objective of using gaming in this kind of training is to get more knowledge and skills to work with groups in the field of youth work and social work. Although this working method may seem enjoyable, it is not "only a game". It allows the players to use the freedom to experiment with new approaches and new behaviour and to acquire skills and knowledge. The players are asked to look at how they behave in the play. Therefore feedback and reflection are an essential part in this way of working. Playing games as a tool for learning is a serious play or 'playful seriousness'. Our training method is based on learning by experience. In our approach we invite participants to point out where they find themselves at that moment in the learning process, what they want to learn and how they want to develop themselves. It is focused on the experience of the individual and it is connected to the specific needs and the level of learning of the participant at that moment. The program is a tool for the participant and not the other way around. No matter how logical this may sound, in many formal learning situations

the usual form of acquiring knowledge is 'learning from lessons'. The knowledge should be reproduced / copied by the student, without any personal interaction. 'Learning by experience' is different since it starts from the person him/ herself, his/her behaviour, reactions and emotions. This method is often used in youth work and informal education. And more and more this method is being used in formal education and trainings for companies. The way, in which we like to organize and perform this international training, means that main objectives of the training have to be clear to the participants, as well as the outlines of the program and the target group. In this way we create a playing field for participants and trainers where we can play to learn and learn to play. Within the given group, you participate in the training for yourself and with yourself as an individual. The exercises (called 'processes' in our training context) will be done alternately alone, in pairs or in a group. The trainer will prepare the ground by giving plenary lectures. Some processes may involve talking, others listening or visualizing certain thoughts with your eyes closed. Exercises will be provided in combination with music, dance or play. Many processes will contain an element of surprise, the exact nature of which is not known in advance. In this way questions can only be answered by the participant him/herself, namely by experiencing his/her own reactions. With this training approach there is room for the experiences and wishes of the participants to influence the content of the program while it is taking place. We create the playing field and the participants make the play.

