

spoin
associação



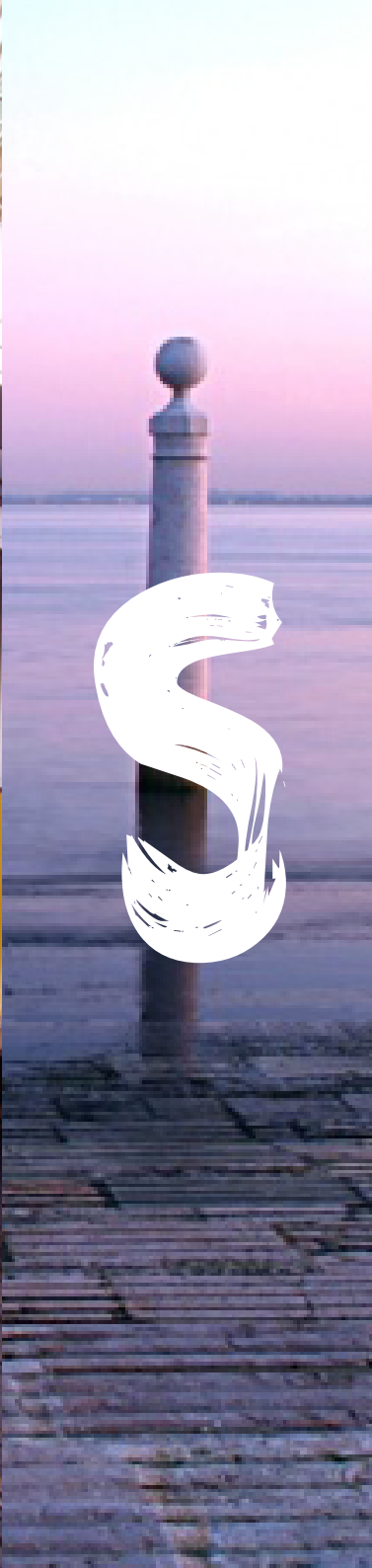
*Composing
Multiculturalism*

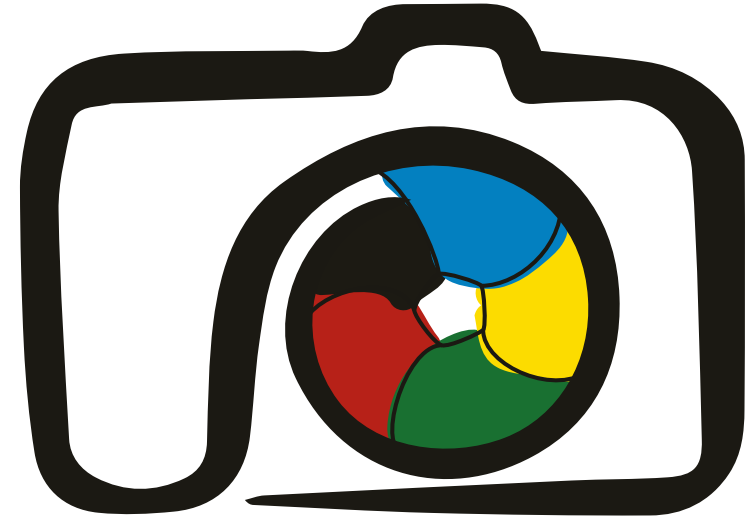
Training Course within the framework of the
“Erasmus+ Program”

Lisbon, 5th to 14th June 2015



Erasmus+





Composing Multiculturalism

Associação Spin

Spin Association for the Exchange, Training and Cooperation among People (Spin Association in its abbreviated form) is a non-profit organisation, of national scope, which has a fundamental objective; the promotion of international mobility activities for youngsters. Born from the common will of a group of people with experience in the management of international projects in the field of training, volunteering and cooperation, Spin Association aims at promoting interculturality through an active and participative citizenship.

Check us out at www.a-spin.pt

For any doubts or questions, please contact us using one of the following means, we will be happy to help you!

Email: intercambios@a-spin.pt
 Mobile phone: +351 914 519 264
 Skype: [spin_associacao](https://www.skype.com/name/Spin_Associacao)
www.facebook.com/pages/Associação-Spin



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Some features in this InfoPack require an internet connection.



The Training Course

Having so many different cultures coexisting together is one of Europe's main riches. However, it's not always perceived like this. Recent events have showed us that it's crucial to respect others and to understand each other's culture and ways of interpreting reality. Europe was built by many countries and cultures together, so it's critical not to forget the importance of multiculturalism and all its benefits. Especially nowadays, in an economically and socially challenging moment, it is important that the coexistence of these cultures and ways of thinking is perceived as positive, treasured and promoted, enabling each culture to provide its best characteristics to the development of Europe and the World. Based on the belief that photography is a powerful medium, able to transmit messages, change minds and attitudes, the course intends to provide participants with the possibility to use photography as an instrument to communicate and foster multiculturalism, as a tool to:

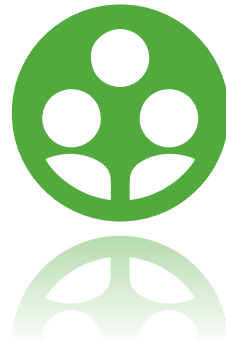
- ☉ Reinforce people's awareness of other cultures;
- ☉ Promote inter cultural dialogue;
- ☉ Eliminate prejudice.

"Composing Multiculturalism" will bring together in Lisbon 24 youth workers and youngsters from 9 countries around Europe:

- | | | |
|------------------|------------|------------|
| ☉ Czech Republic | ☉ Latvia | ☉ Romania |
| ☉ Iceland | ☉ Poland | ☉ Slovakia |
| ☉ Italy | ☉ Portugal | ☉ Spain |

It will take place in Lisbon, Portugal, between June 5th and 14th 2015 to talk and learn about Multiculturalism in today's society and how Photography can be used as a tool to disseminate and promote its benefits.

The training course will last for 10 days, during which, participants will be involved in sessions concerning multiculturalism, analysing the concept and its several possibilities and will also learn how to use Photography as a tool to transmit a specific message, especially a message that promotes the benefits of multiculturalism within society.



Google+ Community



© Richard Thompson III

Preparation

Prior to the start of the training, an introductory online folder will be prepared by the trainers and shared with the participants in order to provide practical information concerning the activities to be developed, as well as promoting proximity to the theme and objectives.

This online folder consists of a Google+ Community created as a starting-point for the theme to be discussed during the training. It will have multimedia contents, namely texts addressing multiculturalism and photographs of authors well known for their works concerning the relationships of other cultures. These will be suggested and added by the trainers as examples. Participants are encouraged to post their own texts/images or suggest authors, contributing to this folder and to the discussion. As part of the preparation phase, trainers will comment on the contributions made by the participants, stimulating critical thinking about the images/texts posted online, as well as challenging participants to present new arguments within multiculturalism to support the choices.

A fully structured pre-departure programme will be sent to the participants during preparation phase, as well as a set of advised bibliography concerning not only photography but also multiculturalism issues. Trainers and support staff will assure full support by being available to answer any questions our doubts the participants may have.



Methodology

The training will be as interactive as possible, giving space to the active involvement of the participants at every stage. The methodological approach will be based on non-formal education (interactive dynamics, creative thinking exercises, role plays, group working, etc.), though some key-concepts will be presented through short theoretical presentations and considering the need to address specific technical concepts, some sessions will use formal education methodology, combining the best of both approaches. No previous skills, knowledge or photographic equipment is required.

Apart from the content itself, the training takes into strong consideration the process; for this reason a comfortable and cosy environment will be guaranteed, where the sharing of moments and group dynamics will be fostered. The training is also designed to underline the experiential learning approach as a viable non-formal tool for active citizenship:

Some preparatory activities will be given to the participants to be done at home a few days before the beginning of the course, in order to get into the project's core issues before the start of the training.

This training will have 2 learning aspects:

- The 1st aspect will focus on exploring the concept of multiculturalism: definition; ways of addressing and perceiving other people and cultures and how this perception is dealt with in society, mainly in terms of cultural relativism, prejudice and stereotypes. This 1st aspect will also include technical details of photography, allowing participants to get to know this media and exploring photography as a way of conveying messages;
- The 2nd aspect will be mainly practical, experiential approaches to multiculturalism through photography. Experiential learning activities will be presented throughout the training, namely during the practical exercises that will occur in Lisbon. Participants will be able to perceive how photography can be a media for social marketing and for raising awareness, becoming clear how and why photography can be a tool to communicate and foster multiculturalism.

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
10:00-11:30	Arrival day	Introduction to Multiculturalism in Photography. Fears and expectations.	Perception of the others: cultural relativism and cultural sensitivity	Multicultural environment and intercultural dialogue	Outdoor practical exercises	How to "make" a photography: introduction to Photographic Language and Process	Outdoor photography day: kickstarting your project	Presentation, discussion and critical analysis of photographs and projects	Post-production: black & white, creative processing, noise and sharpening	Departure day
11:30-11:45		Coffee break	Coffee break	Coffee break		Coffee break		Coffee break	Coffee break	
11:45-13:00		Culture: key-issues and controversial aspects	Discrimination, prejudice and stereotypes	Light measurement, contrast and interpretation		Structuring and planning for a photography project. Multiculturalism as the main theme		Presentation, discussion and critical analysis of photographs and projects	Post-production: final adjustments for file archival, printing or online publishing of images	
13:00-15:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:00-16:45		Photography as a mean to convey the message - Multicultural messages in photography	Exposure and Sensitometry, Light and Colour	Introduction to "Manual Mode", the Dynamic Range and other camera limiting factors	Communication and campaigning for an inclusive society	Multiculturalism within photography - authors within the theme	Outdoor photography day: kickstarting your project	Post-production: the Digital Process	End of the week results: selecting and structuring the final set of photographs	
16:45-17:00		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break		Coffee break	Coffee break	
17:00-18:45	Get to know each other & Introduction to the training	Visit to Sebastião Salgado photo exhibition at Cordoaria Nacional	Shutter Speed, Aperture, ISO and the reciprocity rule	How to "make" a photography: introduction to Composition and Visual Culture. Visual elements in the Multiculturalism theme	Review of photographs, critical analysis. Analysing elements related to Multiculturalism	Images to foster multiculturalism - design your project	Outdoor photography day: kickstarting your project	Post-production: RAW conversion and tonal balance adjustments	Structuring the guidelines for the book and exhibition	
18:45-19:00		Daily evaluation	Daily evaluation	Daily evaluation	Daily evaluation	Daily evaluation		Daily evaluation	Final training evaluation	

Lisbon's program

	Day 1 [online]	Day 2 [online]
10:00-11:30	Presentation and review of photographs and projects: "1 on 1" and peer review	Book setup
11:30-11:45	Break	Break
11:45-13:00	Presentation and review of photographs and projects: "1 on 1" and peer review	Book setup
13:00-15:00	Lunch Break	Lunch Break
15:00-16:45	Presentation and review of photographs and projects: "1 on 1" and peer review	Exhibition setup
16:45-17:00	Break	Break
17:00-18:45	Presentation and review of photographs and projects: "1 on 1" and peer review and analysis	Exhibition setup
18:45-19:00		Evaluation

online's program

Training Course Program

This training course will have 2 activities, one in Lisbon, Portugal, where participants will discuss multiculturalism and how to make a photo. Here participants will present the final images for the preparation of the books and the web gallery. Working days will be divided into 2 sessions: the morning session from 10:00 till 13:00 and afternoon session from 15:00 till 18:45. Coffee breaks will occur in the middle of each session. At the end of the day, an evaluation will allow participants and trainers to reflect on the day and how to adapt the following activities. At the end of the training a comprehensive evaluation and summary of the issues addressed will allow the consolidation and gathering of feedback for future use. The images made by the participants, posted on the web gallery at the preparation phase, will be used as a comparison model for the images made during the training. This acts as a self-assessment exercise, evaluating the developments made and the new skills acquired.

The 2nd activity will last for 2 days and it will be an online meeting. On the 1st day participants and trainers will be discussing the photos made and chosen in their hometown for the final project. Together they will find which photos best transmit the aimed concept. During the 2nd day, participants will learn the process of making a photographic book, and preparing an exhibition.



Multiculturalism Trainers

ANETA DAWIDZIUK - 100% Polish & 50% Portuguese, teacher and trainer by vocation and (luckily!) by profession. Having studied Iberian and American Cultures, she then dedicated herself to working in the non-formal education field, especially in the areas of inter-cultural dialogue, social inclusion and active citizenship. Over the past 8 years she has facilitated and led several Youth Exchanges & Training Courses for Spin, collaborated with the Polish Erasmus+ National Agency and worked for the YMCA of Greater Seattle. A firm believer in learning by doing, fan of sharing ideas, knowledge & experiences and a simulation games enthusiast.

MARIA WRÓBLEWSKA - Polish, on daily basis she works in marketing. After working hours she keeps alive her passion for Brazilian culture at the Terra Brasilis Foundation. She ran into the multiculturalism concept while studying Iberian and Ibero-American Cultures. Then she experienced it on her own during Erasmus in Portugal. Now she struggles with her Phd in the field of cultural NGO's in Brazil. She's already been a subject on a Spin Youth Exchange, now she decided to switch the role.

Photography Trainers

JOSÉ LIMA - Portuguese, he started working in the areas of computer engineering, consultancy and training having participated in some international projects in countries like Brazil, Cape Verde or Luxembourg. He got his professional trainer degree certificate in 2006. After attending a professional photography course between 2008 and 2010 in Atelier de Imagem, he started an events photojournalism project called Margens de Luz, a project where photography has a documental approach. He currently teaches photography at Atelier de Imagem, on the Introduction to Photography and Photography Fundamentals courses.

VALTER COSTA - Portuguese, his interest in photography began in 1997 during high school studies, where he joined the Photography Club. Since then, photography has always been present in his life and he has been developing both analogue and digital photography. In 2007, he was part of the Portuguese airline company EuroAtlantic Airways, allowing him to experience countries on four continents, realising the true meaning of multiculturalism and how to work within a multicultural environment. Since 2010 he has participated on several of Spin's projects as a graphic designer and trainer.



Accommodation

Spin Hostel is a new social project from the Spin Association and is supported by the local council, Junta de Freguesia de Carnide. It is the first “social hostel” in Portugal specifically designed to host groups of young people coming to Lisbon for inter-cultural exchanges, training courses, study visits or for other social and educational international activities. The hostel is situated in Bairro Padre Cruz, a social housing neighbourhood located in the northernmost part of Lisbon, about 35 minutes from the city centre.

[Here you have a video about the hostel.](#) The video is made by a local TV channel on the day Spin Hostel was inaugurated.

SPIN HOSTEL

Address: Rua do Rio Tejo, nº7, 1600-746, Lisbon, Portugal

Phone: +351 217 145 520

Mobile phone: +351 914 519 264

There is free Wi-Fi to use on your laptop and/or portable devices. The hostel doesn't have a computer, so if you want to use the internet make sure you bring your own device.

Participants will be staying in multiple rooms shared with other participants of the same sex, however, given that the hostel is quite small, there might be one mixed room. The hostel will provide bed sheets but it is necessary to bring your own bathroom supplies and own towel, if you forget to bring one, it's possible to rent a towel at the hostel.

You may also want to bring a small padlock in case you wish to secure your belongings in the room's closet. All meals (except the 7th day's lunch) will be served at the hostel. The meals will be adapted to your allergies/special dietary needs according to what is specified on your application form.



The arrival

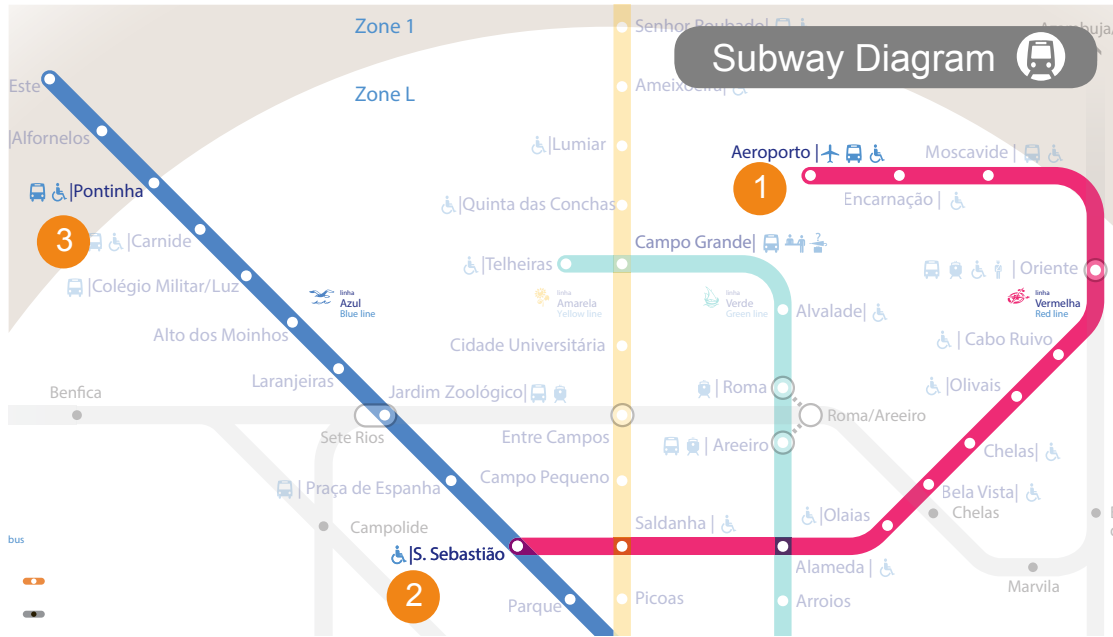
Most participants will be arriving by plane to Portela Airport in Lisbon. From there you will need to take the subway and then a bus to reach the Spin Hostel. At the Airport's subway station you will need to buy the tickets from the vending machines (English option available) located at the subway entrance gates. Tickets are electronically coded onto a green reusable card (Viva Viagem card). The machine will charge you €0,50 for the card itself and then €1,40 for each single-ride ticket you purchase. Please charge your card with two tickets (total of €3,30).

If you wish us to reimburse you for this local trip, please make sure you keep the receipt that the vending machine will print out for you together with the green Viva Viagem card, the card itself does not allow us to reimburse you for the trip as it only serves to store electronic tickets.

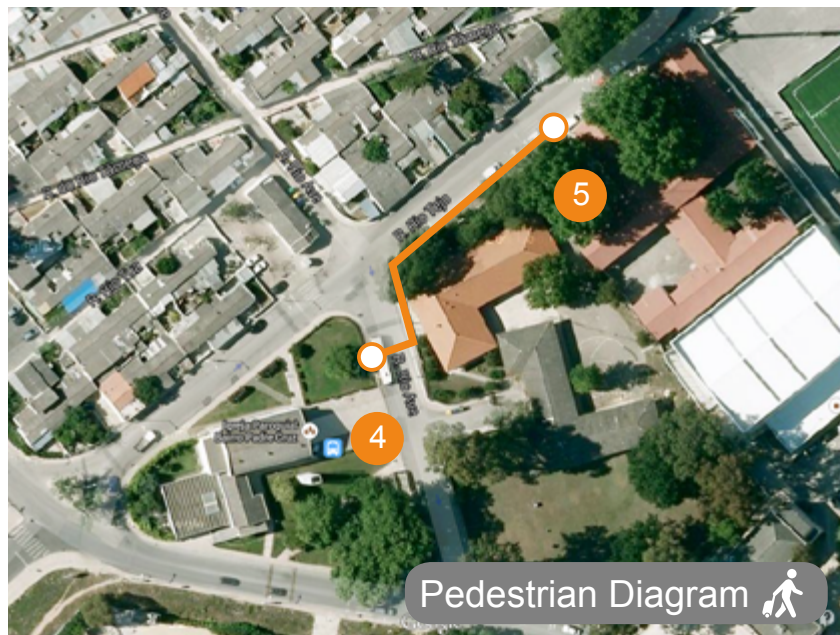
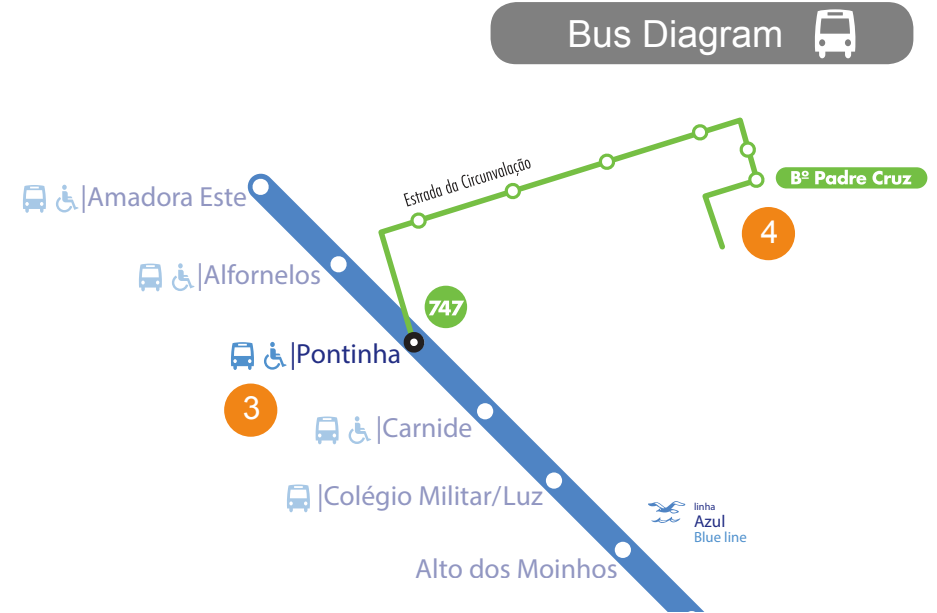
There is a diagram on the next page that you can print and use for your travels.

Entrance to Spin Hostel





Composing Multiculturalism



Your way to Spin Hostel

- ① From **"Aeroporto"** 1 take the subway in direction of **"S. Sebastião"** 2 and get out at the last stop. **Don't leave the station.**
- ② Follow the indication to the **"Linha Azul"** (Blue line) in direction of **"Amadora Este"**, take that train on the blue line and leave at **"Pontinha"** (7th stop) 3
- ③ Now leave the station and look outside for the bus stop of the bus **747** and take that bus, when able. 3
- ④ Exit the bus at **"Bº Padre Cruz"** (6th bus stop) 4
- ⑤ Cross the road and follow the fence by the left
- ⑥ You have arrived, Welcome! 5



Travel details and reimbursement procedures

Travel costs will be reimbursed in 100% within the maximum amounts established by the EU rules. The amount per participant is as follow:

☉ Czech Rep. €360	☉ Latvia €530	☉ Romania €360
☉ Iceland €360	☉ Poland €360	☉ Slovakia €360
☉ Italy €275	☉ Portugal €180	☉ Spain €180

⚠ **Attention all travel arrangements must be booked and bought only after 1st of May for eligible reimbursement.**

All tickets should be 2nd or economy class exclusively and using the cheapest means of transport possible. Remember to keep all your travel documents (invoices, electronic tickets, train tickets, original boarding passes, etc.) and hand them in to Spin staff when asked.

It is **not possible to arrive more than two days before and/or leave more than two days after** the training course. In case you want to arrive in Lisbon before or stay longer after the training, you have to arrange your accommodation at your

own expense. In any case, if you are planning to travel to and from Lisbon on dates different than the official travel days (5th June and 14th June) *you must contact Spin before purchasing any ticket in order to check the eligibility of your travel.*

Taxi fares cannot be reimbursed, if you decide to take a taxi, it will be at your own expense.

The reimbursement of the participant's travels will be done after the end of the training course, once Spin receives all your original tickets, invoices and boarding passes of the return travel and will be made by a single bank transfer to the Sending Organization's account.

Keep in mind that in order to be reimbursed, **all tickets have to bear the price and the date of purchase**, if the ticket itself does not show its price and date of purchase, you must provide a receipt/invoice for that ticket.

Don't worry! We will carefully guide you throughout the reimbursement process. If you have any doubts, do not hesitate to contact us.



© Sebastião Salgado

Participation fee and other expenses

There is a €20 participation fee, that needs to be paid in cash upon your arrival. We kindly ask you to bring the exact amount in Euro. All the other expenses regarding board, lodging and activities are covered by Spin. There will be some free time during the training course so you'll be able to do your sightseeing, shopping or food tasting at your own expense.

Spin will also offer an entry to the Lisbon Castle, one of the main tourist spots in Lisbon and also to the Sebastião Salgado's exhibition "Génesis".

Usefull links:

Here are some Lisbon tips. - <http://www.visitlisboa.com/>

Lisbon Castle - <http://goo.gl/q0dqLr>

Sebastião Salgado website - <http://www.amazonasimages.com>

Sebastião Salgado on TED talks - <http://on.ted.com/Salgado>

The Exhibition

The Brazilian photographer Sebastião Salgado returns to Lisbon for the presentation of "Génesis", an exhibition consisting of more than two hundred photographs focusing on the latest natural and human strongholds of a threatened planet.

Paying homage to the earth and emphasizing the urgent need to preserve it, Sebastião Salgado shows now, in his characteristic style of black and white large format and huge impact, the result of eight years of work and more than 30 trips to different parts of the globe.

The exhibition is divided into five geographical regions: Sanctuaries, Planet South, Africa, Amazonia and Pantanal, and Northern Spaces. Together, the images form a stunning mosaic of nature in unspoiled grandeur. Through these photographs, Salgado pays homage to a fragile planet he believes we must all protect.

Sebastião Salgado is one of the most recognized and awarded Brazilian photographers of our time, having seen his work published in the most prestigious publications worldwide.



© LisbonLovers (HD version [here](#))



© Turismo de Portugal (HD version [here](#))

Lisboa, the city of the seven hills

Welcome to Lisbon, probably the most fascinating, exciting and satisfying of all the cities of Europe! With blue skies all year round and a mild winter, this destination offers a fantastic night life, breathtaking panoramas of the city and the river and a picturesque setting where old trams will carry you through the narrow cobbled streets to the broad avenues, the practical past merges with the sophistication of the XXI century.

Few cities have such a magnificent setting or possess such a genuine, rich and varied cultural identity as Lisbon.

It is a proud and confident city with a singular style, with its historic fabric intact, but it's also going through a renaissance not seen since the years after the cataclysmic 1755 earthquake. Is one of the oldest cities in the world, and the oldest city in Western Europe, pre-dating other modern European capitals such as London, Paris and Rome by hundreds of years. Lisbon has two sites listed by UNESCO as a World Heritage Sites: Belém Tower and Jerónimos Monastery. The weather in Lisbon in June is characterized by a sunny, cloudless sky and an average temperatures of 25oC high and 17oC minimum.

Final Thoughts

If you would like to take part in this amazing training course please fill this [online form](#) and we will inform you when to start preparing for your journey into photography and multiculturalism.

<http://goo.gl/forms/qQk3hXJU5l>



For any doubts or questions, please contact us using intercambios@a-spin.pt

Looking forward to meeting you all in Lisbón!



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