

Key Action 1 – Mobility of Youth workers, Erasmus+ Programme

Logout and be active!

19th – 27th March 2015
Lednice, CZECH REPUBLIC

INFOPACK



PROJECT DESCRIPTION

A project called **Logout and be active!** is a 9 days Mobility of youth workers - Key Action 1 (KA1) of Erasmus+ programme. This activity will gather **35 participants** - youth leaders and youth workers, coming from **14 European countries** (Belarus, Bulgaria, Czech Republic, Estonia, Greece, Italy, Lithuania, Malta, Montenegro, Poland, Romania, Slovakia, Spain, Turkey and Ukraine). Project is being realized by group of young people active in youth work called AEYB – Active European Youth Brno.

Organizer of the training course

Active European Youth Brno (AEYB) is informal group of young people in age of 19 to 25 years, coming from city of Brno located in South-moravian region of Czech Republic. We are young people, students gathered from different cities and locations of Czech Republic and also Slovakia, where all of us have bountiful experiences with voluntary work. Some of us have been involved in voluntary work since the young age when we were devoting children, all of us nowadays are involved in youth work, mainly through work within student networks. The priority of the group is to develop and spread experiences in the youth work and inform and involve more young people to be active in this field of youth work and offer them these opportunities.

Aims and objectives of the training course are:

- To learn young people how to use their free time effectively and actively by sport or outdoor activities
- To offer basic methods of planning process within Time management and their application in practice
- To create awareness to young people who use internet and computer too often, about ways and methods of right usage of internet and computer technologies (interface Web 2.0)
- To raise knowledge and practical skills of young leaders in spheres of communication, motivation and involvement of youth
- To familiarize participants with opportunities , which are being offered by Erasmus+ programme and to analyze the role and perception of Non-Formal Education methods in area of youth work.

Working methods

Our training course will be based on non-formal learning process. It means that learning is based on your experience, your motivation and your needs. During the training course non-formal education methods and methods, and methods that assure balance between theory and practice will be used such as: workshops, presentations, outdoor education, co-operative games, individual work, small discussion groups, plenary work, group dynamics, personal challenges, theoretical input.

DATES & VENUE

<i>Arrival:</i>	19th of March (morning, noon time)
<i>Activities start:</i>	19 th of March (afternoon)
<i>Activities end:</i>	27 th of March (morning)
<i>Departure:</i>	27th of March (noon time, afternoon)

Our project will be realized in the [Penzión Včelářský Dvůr](#), located in the village Lednice in South-Moravia region. Participants will stay in 2 and 3 -bed rooms. There is a toilet and shower in every room. We would like to mix the participants in rooms together but since we don't know how many girls and boys will be on the project, we will decide about this solution later. The staff of the hotel is willing to cook us everything we want. Of course we will keep an eye on the needs of people with allergies and vegetarians and so on.




HOW TO GET TO THE VENUE

Please see attached file “**How to reach Lednice**”, where you will find complete information about travel to the project venue.

TRAVEL COSTS

We will reimburse **100% of participant's travel costs** from your home town to the project venue, within the valid budget sums. (The sums for travel costs are calculated according the official rules for Erasmus+ programme, where considering the distance. All limits can be calculated according the distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm?utm_source=ExisT+-+European+Volunteers%27+Newsletter&utm_campaign=ec3710eb6b-ExisT+Newsletter+-+Maggio+2014&utm_medium=email&utm_term=0_f50d5476ea-ec3710eb6b-73540869)

Note: Travel expenses exceeding the stated costs limit will be reimbursed only till the amount of the limit, the excess will be paid by participant himself/herself.

-  **180 €** per participant: **Poland, Slovak Republic,**
-  **275 €** per participant: **Belarus, Bulgaria, Estonia, Greece, Italy, Lithuania, Malta, Montenegro, Romania, Turkey, Ukraine,**
-  **360 €** per participant: **Spain.**

Reimbursement of travel costs will only be done upon presentation of **all** (including return) **original tickets, receipts/invoices** and **boarding passes** and later sending of the return documents and boarding passes. **You must use public transport (bus, metro, tram) – taxi will not be reimbursed!**

Please keep the **boarding passes** from your airport check-in as well. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

You must come from the country that you applied for our project. (For example, if you participate from Germany, you must come from Germany).

! Note: Please make the copies (better scan or take photographs) of your tickets and invoices before you will come to the training. E-mail those to us (aeyb.cz@gmail.com) as soon as you buy them. If you have tickets and invoice, make sure that you e-mailed copies of both.

WEATHER

In March weather in South-Moravia region it is a bit colder and unforeseeable – over recent years March is still part of winter, so you can expect snow and cold conditions, but also it can be a bit warmer without snow and sunny. We will keep you updated about the weather forecasts for the project dates.

HEALTH INSURANCE

The health insurance is not provided and will not be reimbursed by the organizers. All participants are strongly advised to purchase travel insurance.

CONTACTS

If you need help, have any questions or need further information, please contact:

- + **Peter HURAY**, phone: **+421 902 565 686**, **+420 775 314 548**, e-mail: peter.huray@gmail.com, FCB: <https://www.facebook.com/peter.huray>
- + **Lucia MARINIČOVÁ**, mobile phone **+421 902 305 310**, e-mail l.marinicova@gmail.com.

PARTNERS & PARTICIPANTS & TRAINERS

Country	Organisation	Participants
BELARUS	- Belarusian Youth Public Union New Faces	2 participants
BULGARIA	- The Starry Start of Talents Foundation	2 participants
ESTONIA	- Mittetulundusühing INVOLVED	2 participants
ITALY	- Association INCREDERE	2 participants
LITHUANIA	- NVO Krantas	2 participants
MALTA	- Fingerprints	2 participants
MONTENEGRO	- Mladiinfo Montenegro	2 participants
POLAND	- Stowarzyszenie FENIKS	2 participants
ROMANIA	- Together Romania Association	2 participants
SLOVAKIA	- STEP – Society for territorial progress	2 participants
SPAIN	- Asociación de Desenvolvimento e Acción Social-ADAS	2 participants
TURKEY	- Bodrum Dance Club	2 participants
	- Active Youth Association	2 participants
UKRAINE	- Kharkiv association for active youth Stella	2 participants

Participants are expected to be:

- + between 18 – 30 years old
- + **experienced with youth work and in Youth in Action / Erasmus+ programme**
- + motivated to work directly with young people on project issues
- + **able to communicate in english**
- + able to attend the full duration of the training course
- + energetic, cheerful and creative!

TRAINERS

**Berat EZEL**

Trainer – Turkey

**Peter HURAY**

Project coordinator

PREPARATION

Intercultural night

There will be intercultural night, where every country will present its culture. Do not forget to bring some traditional music, food, drinks and other stuff representing your country and culture in some way.

NGO Fair

There will be also NGO Fair organized one night. We would like to kindly ask you for preparing short and brief presentation about your organization, work sphere, field of activities and mainly your relation to work with youth with fewer opportunities and young people dealing with unemployment problems.

YOUTHPASS

Every participant is individually entitled to receive a Youthpass Certificate, which confirms participation and validates the non-formal learning (NFL) experience of Training course project. Validating the learning experiences of participants is important in itself and the document can be of benefit in terms of the educational or employment future of the participant. Through Youthpass the European Commission ensures the Training course activity is recognized as a non-formal learning experience. For more information on Youthpass you may wish to visit <https://www.youthpass.eu/en/youthpass/>.

TIME \ DAY	19.03.2015 1 st Day THURSDAY	20.03.2015 2 nd Day FRIDAY	21.03.2015 3 rd Day SATURDAY	22.03.2015 4 th Day SUNDAY	23.03.2015 5 th Day MONDAY	24.03.2015 6 th Day TUESDAY	25.03.2015 7 th Day WEDNESDAY	26.03.2015 8 th Day THURSDAY	27.03.2015 9 th Day FRIDAY
8:30	ARRIVALS	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00		Get to know each other Fears, goals and expectations	Me and my world	Expert presentation - internet addiction & consequences	Workshop - Time management	Local municipality visit	Presentation of Plan your time!	What did I learn? Coming back home and now?	Gathering contacts, saying last goodbye
		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	DEPARTURES
		Objectives and sessions explaining Introduction to the TC and the programme	Intercultural learning	Am I the victim?	Time management	Orientation game - Be offline!	How can I motivate others?	Reimbursement	
13:00	First meetings of the group, meeting each other, ice breakers, name games	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:30		Group dynamics Learning styles	Workshop - How does my life look like?	Social media and their effective usage	Web 2.0 tools	Free time	Creation of cooperation strategy	Working on my Youthpass	
		Coffee break	Coffee break	Coffee break	Coffee break		Coffee break	Coffee break	
		Presentation of Youthpass Erasmus+ presentation	What I share, how I communicate?	Creating picture of myself	Plan your time!		Creation of media output	TC Evaluation	
18:00		Reflection groups	Reflection groups	Reflection groups	Reflection groups	Reflection groups	Reflection groups		
19:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:30	Welcome evening	Intercultural night 1	Intercultural night 2	NGO Fair	Theme night	Free evening	Evening organized by participants	Youthpass certification	