



# Erasmus+

**Volunteering Association INCREDERE presents**

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Zagarolo/Rome, Italy, 9 - 16 May 2015

**ERASMUS+ PROGRAM—YOUTH EXCHANGES PROGRAM COUNTRIES**



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Associazione di volontariato



**THIS PROJECT HAS BEEN APPROVED BY ITALIAN NATIONAL AGENCY**

**Key Action 1: Youth Exchanges – Program countries**  
**Project “You(th) 4 Europe”/ 2014-3-IT03-KA105-004389**

**9<sup>st</sup> – 16<sup>nd</sup> of May 2015, Zagarolo (Rome)/ITALY**

(9 May arrival and 16 May departure)

The project is financed by the Italian National Agency through the Erasmus plus program

***ORGANISERS:***

Association Incredere is a volunteering association established in 2011 during the European Year of Volunteering. It has as main aim to foster the integration of the immigrant communities in Italy. The members of the association are all volunteers with an immigrant background.

For more information about our activities please visit our web page: <http://incredere.weebly.com/>

Or you can follow us on Facebook: <https://www.facebook.com/pages/Incredere/389619607780443>

***PROJECT SUMMARY***

The **You(th)4Europe** is a multilateral youth exchange conceived and realized with the efforts of young people from 8 countries: Spain, Croatia, Czech Republic, Turkey, Bulgaria, Slovakia, Romania and Italy. The main aim of the project is to offer young people the opportunity to know more about European Union, EU countries, EU values, EU institutions and what are the institutions doing for young people.

The youth exchange objectives are to:

1. Provide an informal space where young people can learn through the non-formal methods the backgrounds of the main European institutions
2. Stimulate the thinking of the youth role in EU and in their local communities
3. Improve digital skills and competences of young people and it's practical application
4. Discover and become aware of different cultures and realities and foster cultural understanding among young people

At work we plan to fully use the methods of non-formal education: brainstorming, learning by doing, teamwork, working in small groups, workshop, interactive methods, role SALTO games, simulations, discussions, evaluation and self-esteem, creativity, creative activities and more.

It is expected that this international experience has a positive impact on the personal development of the participants at the project and in particular on intercultural understanding and foreign language proficiency, by learning new words in other languages or by increasing the skills they already possess. It's also expected that this outstanding experience will have a long-lasting impact on their lives, making them discover European identities and overcome the stereotypes that maybe they had before making this kind of experience. One of the most important aims this project has, rest to be the increasing youth understanding regarding the importance of Europe.



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## AGENDA OF THE YOUTH EXCHANGE “You(th) 4 Europe”

	9.05.2015	10.05.2015	11.05.2015	12.05.2015	13.05.2015	14.05.2015	15.05.2015	16.05.2015	
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	
8:00-9:30	Arrival and registration of participants	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9:30-11:00		Hopes, fears, contribution. Introduction	Diversity and Intercultural communication	Energizer, European Institutions I	Visits in Rome	Energizer, Simulation game on European Institution II	Energizer, Simulation game on European Institution III	General evaluation, Award of youth passes	
11:00-11:30		Coffee break	Coffee break	Coffee break		Coffee break	Coffee break	Coffee break	Departure of participants ☹
11:30-13:00		Group agreement	Diversity and Intercultural communication	Energizer, European Institutions I		Energizer, Simulation game on European Institution II	Digital lab – My Europe		
13:00-15:00		Lunch	Lunch	Lunch		Lunch	Lunch		
15:00-16:30		Team building	What I know about Europe?	Cocktailing		Digital lab – My Europe	Erasmus plus program & follow up		
16:30-17:00		Coffee break	Coffee break	Coffee break		Coffee break	Coffee break		
17:00-18:00		Team building	What I know about Europe?	Cocktailing		Digital lab – My Europe	Erasmus plus program & follow up		
18:30-19:00		Buzz group meeting	Buzz group meeting	Buzz group meeting		Buzz group meeting	Buzz group meeting		
19:00-20:30		Dinner	Dinner	Dinner		Dinner	Dinner	Dinner	
21:00	Welcome night ☺	Intercultural night	Intercultural night	Intercultural night		Free evening	Intercultural night	Farewell evening	



Co-funded by the  
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of the European Union



## ***PARTICIPANT'S PROFILE:***

- Resident in the partner country
- 18-25 years old
- Basic knowledge of English
- Interested in the topic of the project
- Able to attend the full duration of the youth exchange (9<sup>th</sup> May – 16<sup>th</sup> May 2015)
- Experience in youth exchange projects (only for youth leaders)

<i>Country</i>	<i>Nr. of participants (18-25 years old)</i>	<i>Youth leaders (no age limit )</i>
Czech Republic	4	1
Croatia	4	1
Bulgaria	4	1
Spain	4	1
Romania	4	1
Slovakia	4	1
Turkey	4	1
Italy	4	1
<b>TOTAL</b>	<b>40 (participants and youth leaders)</b>	

## ***COSTS AND REIMBURSEMENT***

The Project is implemented with financial support from the European Commission and the ERASMUS + Program.

Accommodation, food, as well as activities costs will be covered from the project budget. Travel expenses will be covered after collecting all travel documents, and with the condition that the participants use **the cheapest ways of transportation** and have submitted the original invoices of plane/bus/train tickets as well **boarding passes**. **Private cars, Taxi and first class tickets will not be reimbursed.**

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice. Please note if you bought your ticket in your local currency, we will calculate your travel costs according to the exchange rates of the official European Commission web-site: <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

Please make copies of your tickets and invoices before you will come to our Project. E-mail those copies to us at [incredere2011@yahoo.it](mailto:incredere2011@yahoo.it) as soon as you buy them.

**After we received all the tickets and original boarding passes we will make the reimbursement.**





## TRAVEL COST

*The travel costs were calculated according with the new EU rule. Here is the link to the distance calculator we used: [http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm). The offered budget per participant per country is as follow:*

Country	Distance in kilometers	€ per participant
Croatia	500-1999 km	170
Spain	500-1999 km	170
Romania	500-1999 km	170
Slovakia	500-1999 km	170
Check Republic	500-1999 km	170
Bulgaria	500-1999 km	170
Turkey	500-1999 km	170

## ARRIVAL & VENUE :

Our project will take place in Zagarolo which is a small town in mountains at cca 30 min away from Rome.

Venue: **Wiki Hostel Zagarolo, Address: Colle delle Casette, 34, 00039 Zagarolo/Roma, Italia**

The rooms are for 5, 6 & 8 persons.

The closest airport is in Rome. There are two airports in Rome: Fiumicino and Ciampino both are well connected with Rome city center.

For more info about the venue as well as on how you to rich the place check here: <http://wikihostel.it/home/>

## DEADLINES

Please send us :

- Group information by **1<sup>th</sup> of March 2015**





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- Copies of your tickets by **10<sup>th</sup> of March 2015** at [incredere2011@yahoo.it](mailto:incredere2011@yahoo.it)

## HEALTH AND TRAVEL INSURANCE

Health insurance is not provided and will not be reimbursed by the organizers. All participants are strongly advised to purchase private travel insurance. In case you suffer for any disease or allergies please bring with you the medicines.

## PREPARATION

### For the activities :

- For intercultural nights – please prepare a presentation of the countries. Please prepare for this night and bring any items from your country with you (traditional music, food, drinks and other stuff representing your country and culture).
- Every day will start with a energizer – please think and prepare an energizer each group
- For digital lab please bring with you lap tops and cameras ( one per country should be ok)
- Please prepare a presentation about your organization, work sphere, field of activities etc. In case you plan new project applications this will be a perfect place for you to look for partners
- Bring lots of energy and positive mood to make this the best experience of your life ☺

## CONTACT INFO

If you need any help, have questions or need any further information please contact us:

e-mail: [incredere2011@yahoo.it](mailto:incredere2011@yahoo.it)

cel.: **00393207112269**

Looking forward to welcome you in Italy ☺

You(th) 4 Europe TEAM



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