



Information package

Zagreb, Croatia

Dear partners and participants,

here you will find all the important information about our training course which will take place soon in Croatia, Zagreb.

Please read all the information carefully!

Looking forward to see you soon



Let's start with information

WHAT: Erasmus plus project – training course

TITLE: Europe for Inclusion (E4I)

PLACE: Zagreb, Croatia

APPLICANT: Association of deaf and hard of hearing – Croatia
(www.ugng.hr)

DATE: 17.03.2015 – 25.03.2015

Who is target group of this project?



All of the participants of this project are youth workers, youth leaders or multipliers that encounter in their work with youngsters that are facing issues of exclusion or discrimination on any ground. Most of them are coming from deprived geographical, social or economical areas. Even though they have been working with young people in their local areas, because of their low access to information, new ideas and methods they can not fully meet the need of their work. Since they have to constantly

enhance their working performance, as well as develop according to society's needs, we believe that it is highly important to provide them knowledge, skills and methods needed for their personal and professional development. Also, we want to emphasize the need of networking that occurs in this kind of projects, since it is clear that it helps in developing youth work, which benefits both the participants of this project, as well as the youngsters they work with.

Working language of the youth exchange will be English. (*Your English doesn't need to be perfect, neither is ours! Better a little English than no any language communication at all.*)

PROJECT SUMMARY

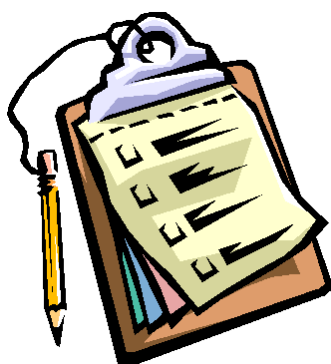
The training course "Europe for inclusion!" will address the topics of social inclusion and anti-discrimination. This being the main theme of our project reflects the needs of multiple European societies since all of them, due to different reasons, face social exclusion. It will aim to develop among participants active expression of civic participation which will strengthen common European values such as solidarity, openness, understanding and liberty for combating poverty and marginalization through and in volunteering. It will bring together 25 participants, including training team, coming from 7 different European countries: Croatia, Cyprus, Romania, Slovakia, Slovenia, Spain and Latvia. "Europe for inclusion" will be held in Zagreb, Croatia from 17th to 25th of March 2015. Through using non formal learning methods such as workshops, discussions, simulation games and forum theatre it will provide to participants the competencies, skills and knowledge about poverty, marginalization, sustainable peace, human rights, anti discrimination policies and social cohesion in order for them to take actions as multipliers for greater social and community involvement in the framework of Erasmus+ Programme. The implementation of this project will result in higher level of awareness about the importance of social inclusion in the communities involved which will lead to greater effort in developing and implementing long term inclusion strategies, so we could all engage in making society where similarities are celebrated and differences are respected.

Working methods and preparation for project

The project is organized from and for young people. Our activities during the preparation, implementation, evaluation and follow up phase ensure active participation of young people in each stage of the project. We want the project to make a positive change in the life of young participants and thus we value their reaction, opinion and feedback at every step of this project.

Working methods of this project are based on:

- active participation in workshops, presentations, study visits
- personal and group discussions
- brainstorming, and sessions for enhancing creativity
- personal development activities and reflection sessions
- team-building activities, energizers, games (music, dance)
- intercultural dialogue and presentation
- role play



This project is not only based on a “one-way information-flow” but requires a pro-active participation from you. So, we would encourage you to search about the issue in your country, local community, university, NGO.

For more information about the ERASMUS PLUS Program you can visit the following website: http://ec.europa.eu/programmes/erasmus-plus/index_en.html

PARTICIPANTS CONTRIBUTION TO THE PROJECT

There will be 25 € participants contribution to the project per participant.

You are expected to attend the full duration of the training course!

Finnancial conditions (travel, accomodation)

Accommodation and food: 100% covered by Erasmus + Program

Travel costs: are budgeted according Erasmus + conditions (using the EU distance calculator)

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

Travel (ARRIVAL & DEPARTURE)

The participants should arrive to Zagreb on 17.03. and depart on 25.03.2014.

We kindly remind you that early accommodation and extra overstays will be your responsibility.

You are invited to use most optimal and cheapest means of travel. If you choose to travel by plane, we recommend you to choose Zagreb airport. Also you can come to Zagreb by buss or by train.

Accomodation

The accommodation, 3 meals in a day, and coffee breaks will be paid by hosting organization. **Extra drinks/snacks will be your responsibility.**

You will be accommodated in a hostel „Hostel House“ located in Zagreb – near central buss station.

The accommodation has **WIRELESS INTERNET** so you can bring your laptops, tablets, etc. **but please take good care of them!**



More info at: <https://www.facebook.com/TheHouseHostel>

What to bring with you?

1. Materials About Your Organisation:

During the youth exchange, each one will get the opportunity to present own organization in a visual way on Organizational Market Evening. We encourage you to bring as much –relevant- materials as possible.

To bring with you:

- English information about your organization; brochures, leaflets, etc.
- All relevant information you have on the previous international project(s) you've organized / been part of (reports, gadgets, and press releases).
- Picture, posters, etc.

2. About Your Country/Region/Town:

Please bring your national food, traditional drinks, music or souvenirs for the intercultural evening. On this evening you will be able to show what is typical for your country; it can be food drinks or whatever you would like to present from your country.

3. PROOF OF ALL THE TRAVEL EXPENSES

If you come by plane, please be sure to bring evidence of the sum actually paid (invoice) and boarding pass. Electronic tickets will only be considered as acceptable on proof of payment (invoice) and on presentation of the boarding pass for the outward journey. Please keep in mind the travel rules of the ERASMUS PLUS Program. If you come by train or bus do not forget to buy a return ticket. Please copy your tickets before you leave your home.

ALSO, PLEASE, DO NOT FORGET TO BRING:

- Medication, shampoo and other personal items.
- Standard seminar equipments; an alarm clock, an English dictionary, music CDs and tapes, varied and comfortable clothes. Please check the weather before you start packing.

DOCUMENTS NEEDED FOR REIMBURSEMENT OF TRAVEL COSTS:

Please take in count that ONLY THE TICKETS FOR BUSSES OR TRAINS ARE ALLOWED TO BE PAID IN CASH. FOR THE AIRPLANE TICKETS YOU WILL HAVE TO PAY USING THE BANK SERVICES (ONLINE TRANSFER, PAYMENT ORDER, ETC.) EVEN YOU ARE BUYING THEM ONLINE OR DIRECTLY FROM THE AIRLINES COMPANY (OR ANOTHER TRAVEL AGENCY).

For the reimbursement you need:

- an invoice for the tickets.
- a receipt (showing that you have paid the money) – only for train and bus tickets;
- printed document showing that the money was payed (receipt, bank confirmation etc.) – for the airplane tickets;
- flight ticket (with the name of the passenger and flight details);
- all boarding passes;
- a printed confirmation of reservation .

According to the Croatian National Agency rules, THE REIMBURSEMENT WILL BE MADE AFTER THE PROJECT IN THE BANK ACCOUNT OF THE SENDING NGO. The sending NGO will give you the monney back home.

Please, make sure that you have all these papers when you come to the training (of course, the return boarding passes might be sent after the training).

P.S. Please send us the prices of the tickets when you have them, so we could plan our budget.

NB! Please note that we cannot reimburse travel costs if you lose your tickets or we do not receive all details and proofs of your expenses!

TRAVEL INSURANCE

It is necessary that all participants on this training course have travel insurance. So buy travel insurance for the dates of this training course.

PASSPORT

If you have a passport please bring it.

ABOUT CROATIA

Location; Croatia is located in at the crossroads of Central Europe, the Balkans, and the Mediterranean. Its capital and largest city is Zagreb. Croatia covers 56,594 square kilometers and has diverse, mostly continental and Mediterranean climates. Croatia's Adriatic Sea coast contains more than a thousand islands. The country's population is 4.29 million. It has a magnificent past, and the nation prides itself in its cultural, artistic and scientific contributions to the world, as well as in its cuisine, wines and sporting achievements.

For more information you can visit; <http://croatia.hr/en-GB/Homepage>

ABOUT ZAGREB

Zagreb is the capital and the largest city of the Republic of Croatia. It is located in the northwest of the country, along the Sava river, at the southern slopes of the Medvedniva mountain. Zagreb lies at an elevation of approximately 122 m (400 ft) above sea level. In the last official census of 2011 the population of the City of Zagreb was 792,875. The wider Zagreb metropolitan area includes the City of Zagreb and the separate Zagreb County bringing the total metropolitan area population up to 1,110,517. It is the only metropolitan area in Croatia with a population of over one million.

The oldest settlement in the urban area of Zagreb was a Roman town of Andautonia, now Šćitarjevo, which dates back to the 1st century AD. The first recorded appearance of the name Zagreb is dated to 1094, at which time the city existed as two different city centers: the smaller, eastern Kaptol, inhabited mainly by clergy and housing Zagreb Cathedral, and the larger, western Gradec, inhabited mainly by farmers and merchants. Gradec and Zagreb were united in 1851 by ban Josip Jelačić, who was credited for this, with the naming the main city square, Ban Jelačić Square in his honour. During the period of former Yugoslavia, Zagreb remained an important economic centre of the country, and was the second largest city. After Croatia declared independence from Yugoslavia, Zagreb was proclaimed its capital

For more information you can visit; <http://www.zagreb-touristinfo.hr/?l=e>

WEATHER CONDITIONS IN ZAGREB

Zagreb has a moderate continental climate.

You can check the weather at:

<http://www.meteo-info.hr/grad/zagreb>

PARTICIPATING COUNTRIES and PARTNERS

	<p>Croatia ASSOCIATION OF THE DEAF AND HARD OF HEARING NOVA GRADIŠKA (UGNG) Contact person: Josip Brozovic Email address: udruga.gluhih.ng@gmail.com</p>
	<p>Cyprus PlanBe, Plan it Be it Contact person: Maria Drakou www.planbe-ngo.com Travel costs: 275 Euro; number of participants: 3</p>
	<p>Latvia Baltic Regional fund Contact person: Ginta Salmina Email address: ginta.salmina@gmail.com Travel costs: 275 Euro; number of participants: 3</p>
	<p>Slovakia STEP - Society for territorial progress Contact person: Rastislav Zaremba Email address: societystep@gmail.com Travel costs: 275 Euro; number of participants: 3</p>
	<p>Romania Active Development Association ADA Contact person: Victor TOMA Email address: dezvoltare.activa@gmail.com Travel costs: 275 Euro; number of participants: 3</p>
	<p>Spain Asociación Cultural En Construcción Contact person: Vanessa Moreno Sierra Email address: vane@en-construccion.org Travel costs: 275 Euro; number of participants: 3</p>
	<p>Slovenia RCP, Razvojni center Ptuj Contact person: Damir Žerak Email address: info@rcp.si Travel costs: 180 Euro; number of participants: 3</p>